

BRUNCH

Until 3.30pm everyday

BANANA BUCKWHEAT PANCAKES (2) 19



Fresh banana blended w/
organic buckwheat, organic
spelt & eggs; fresh banana
slices & organic maple topping



GREEN PANCAKES W/ CITRUS BUTTER 22



Baby spinach, unsalted butter,
eggs, spring onions, deseeded
green chillies; citrus lime butter



COTTAGE CHEESE PANCAKE 24



Cottage Cheese, Buttermilk,
Cinnamon & a whole lotta
goodies; Strawberries & maple



CHICKPEA PANCAKES W/ AVOCADO 17



Indian style pancakes made w/
various lentils & chickpea flour;
avocado & coriander yoghurt
sauce on the side



V+

If yoghurt sauce
is replaced



IB BIG BREAKFAST 29

Pancake of your choice (1), egg
your way (3), avocado, sautéed
mushroom, cajun chicken, beef
sausage, yoghurt w/ berries,
sourdough & Fermented
Veggies

HIGH PROTEIN VEGAN BREAKFAST 26



Turmeric tofu scramble, garlic
spinach, onion, cherry
tomatoes, mushroom, avocado,
sourdough; root veg mash,
berries bowl

V+

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BREAKFAST RAINBOW BOWL 15

Fresh banana, strawberries, blueberries, pomegranate, kiwi, Greek Yoghurt, Maple Granola
Optional Mango at \$3



GOAT CHEESE ON SOURDOUGH TOAST W/ FRUITS & NUTS 14

Butter toasted sourdough slice w/ Australian goat cheese spread topped w/ grapes, strawberries, walnuts & carrot ginger mash



HERB & FETA OMELETTE W/ SOURDOUGH 19

Egg(3) omelette, sautéed mushroom, toasted sourdough, feta & mini salad, half avocado



SMASHED AVO & TOMATO SALSA ON SOURDOUGH 18

Fresh Hass avocado & organic unsalted butter & herbs mash; tomato salsa w/ capers & dill



CHEESY EGG TOAST W/ CHILLI BUTTER 13

Soft boiled eggs & mature cheddar cheese mash over bed of mesclun on toasted sourdough; chilli infused butter sprinkle



CHEDDAR FRIED EGGS W/ HERBS & AVOCADO SALSA 18

Eggs (3) slow cooked over mature cheddar cheese & butter; herbs & avo salad



Service charge of 10% (dine-in only) applies

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MUSHROOM & FETA TOAST 14

Mushroom, carrot, bell pepper & onion mildly spiced and caramelised, feta and pomegranate topping over sourdough



V



GOAT CHEESE, AVO & SCRAMBLED EGG CROISSANT SANDWICH 15

Eggs, avocado, baby spinach, onion, goat cheese filling in butter croissant

V



GREEK YOGHURT W/ GRANOLA & BERRIES 12

Australian greek yoghurt w/ maple granola & berries



V



HUEVOS RANCHEROS 18

Caramelised onions, bell pepper & tomatoes and egg drops; served with/ sourdough on the side

V



EGGS YOUR WAY

- sunny side up(1) 2
- scrambled(3 eggs) 9
- scrambled white only (5 eggs) 12
- Full boiled egg 2



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