Menu

# BOWL

**CREATIVE GLOBAL CUISINE** 

LUNCH DINNER BRUNCH

incredibowl.sg

#### MENU LEGEND



Gluten - Free



Chef Recommended



Vegetarian



**Contains Peanut** 



Contains Dairy



Vegan



Contains Soya



Contains Tree Nuts



Contains Egg



Contains Sesame



Contains Seafood



**Contains Celery** 



Kids Friendly



Contains Mustard



Minimum 20 mins wait time

All items in this menu are cooked using either Olive oil / EVOO / Coconut oil / Peanut oil; except, deep fried items which are cooked using palm oil

#### Creative Global Cuisine

#### iNCREDi BOWL's concept

keeps evolving & adapting and works with what nature has to offer. We started off as a neighbourhood take away kiosk and morphed into a full fledged service restaurant, thanks to the unwavering support of our regulars.

We keep our food clean, relying on great quality ingredients and age old cooking techniques. Our <u>Scratch Kitchen</u> is void of MSG, or any artificial taste & colour enhancers apt for conscious, globe-trotting and cosmopolitan beings.

Do check out our "The Beginnings" menu too (so named as we started iNCREDi BOWL with just this) for raw fruit based offerings. In the words of Harold McGee, kitchen scientist, "All cooked food aspires to the condition of fruit" And so we keep trying for that pristine experience even from our cooked food offerings.

We take pride in the fact that our food is as diverse as the people of Singapore. An inclusive cuisine that brings together people with varying food preferences and beliefs to bond over a meal. Bon Appetite!



## Islam friendly menu. We source from halal certified meat suppliers

Ours is Scratch Kitchen. Hence, please allow us a min of 15 to 20 mins before your order is served

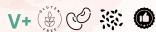
#### APPETIZER & ENTRÉE





#### JAPANESE CUCUMBER & AVOCADO ON MISO **CARROT GINGER SPREAD** 14

Organic Japanese Cucumber, Onion, Cherry Tomatoes, & Avocado seasoned w/ lime & sesame oil; Carrot, Ginger & Miso spread











#### LEEK FRITTERS (2) 14

Caramelised leeks & shallots w/ mild Asian spices; iB Parsley & Cilantro Yoghurt Sauce











#### **VIN & VANG**

16

Yin & Yang of Veggies: Stir fried papaya w/ dollop of cashew cream; and roasted red pepper, harissa & herbs spiced green olives.









#### **CAULIFLOWER &** CARROT LETTUCE WRAPS

Subtly spiced & roasted veggies & tofu served in butter lettuce wraps; pomegranate & golden raisins topping







#### CAPONATA W/ **BURRATA CHEESE**

Aubergines, onions, celery and tomato slow cooked w/ subtle spices & herbs; topped with burrata cheese / Cashew Cream (Vegan)













#### **CORN RIBS**

12

11

Crispy corn; Organic Coconut Curry Sauce







#### WASABI MASCARPONE W/ SPICED POTATOES & **EDAMAME**

Boiled & mildly spiced, deep fried potato cubes over bed of wasabi infused mascarpone; Sprinkled w/ edamame & onion mixture







#### APPETIZER & ENTRÉE



## SEARED TUNA & ASPARAGUS BRUSCHETTA 16

Sashimi grade tuna, Asparagus, Miso Carrot Ginger dollop over toasted & Goat Cheese spread bread



#### SPICED SALMON SKEWER W/ PARSLEY OIL

Atlantic Salmon mildly spiced in cardamom, cumin & turmeric spice mix; Sprinkled w/ Parsley Oil

1 Skewer \$11 2 Skewers. \$19







#### SEARED MACKEREL W/ TOMATO KIMCHI <sup>15</sup>

Deconstructed Mackerel in Goan style Recheado Masala; Tomato Kimchi on the side





#### SIRLOIN STEAK SKEWERS

Black lime sirloin steak skewers; Sumac onion on the side

1 Skewer \$12 2 Skewers. \$23





## CHARGRILLED BABY SQUID W/ GRAPEFRUITS & HERBS

Chargrilled baby squid smothered in gochujang sauce; sprinkled w/ herbs, grapefruit & pomegranate arils 15





#### LAMB LOLLIPOP

Grain fed Australian lamb & herbs mince seared to juicy consistency; fresh parsley & coriander yoghurt sauce

3 Skewer \$12 5 Skewers \$20







#### CHICKEN SATAY W/ PEANUT SAUCE

Fresh Chicken cubes marinated in home made red curry paste and grilled; Peanut Gochujang Sauce on the side









12

#### **SHARING PLATTERS**



#### SÁTVIC VEGAN PLATTER

45

- · Corn Ribs
- · Papaya Stir-Fry
- Roasted Red Peppers, Harissa Spiced & Herbs spiced Green Olives
- Cauliflower & Carrot Lettuce Wraps
- Caponata Bruschetta





#### FEEL GOOD VEG PLATTER

55

- Leek Fritters (2)
- Japanese Cucumber, Avocado on Miso, Carrot, Ginger Spread
- Mushroom Feta Toast
- Wasabi Mascarpone w/ Spiced Potatoes & Edamame









#### MEATY PLATTER

59

- Chicken Satay (4)
- Lamb Lollipop (4)
- Sirloin Steak Skewers (2)
- Meat Loaf





#### SEAFOOD PLATTER

40

- Spiced Salmon Skewers (2)
- Butter Garlic Prawns
- Chargrilled Baby Squid w/ Grapefruit & herbs



#### **MAINS**

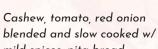


#### LAMB

#### **CHICKEN**



#### LAMB CASHEW CURRY W/ PITA BREAD











mild spices; pita bread





#### MINCED LAMB W/ **BRAISED EGGS** 24

Grain fed Australian lamb mince seasoned w/ house-made harissa paste & preserved lemon; braised eggs, pistachios, pine nuts, & Greek Yoghurt, Tahini Dollops & Pistachios









If sourdough is replaced

#### LAMB STEW W/ **SOURDOUGH**

Grain fed Australian lamb slow cooked in Cabernet Sauvignon. Toasted sourdough





replaced

#### CAJUN CHICKEN W/ **BLACK PEPPER SAUCE** 18

Free range chicken breast marinated overnight in house made cajun seasoning, seared and roasted; Black pepper sauce & side salad





Black Pepper



22

21

18

#### COCONUT CHICKEN NOODLES

Free range shredded chicken breast & udon noodles in creamy coconut, paprika sauce; free range egg & fried







#### **CREAMY TOMATO & BUTTER CHICKEN**

Tomato, Spices & Cashew blended sauce w/ overnight marinated chicken cooked to buttery consistency











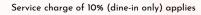
#### **BBQ CHICKEN** BURGER

Minced Chicken, Cheese, herbs infused house made patty smothered in house made bbq sauce; Cheese slices; Choice of French Fries / Sweet Potato





Fries (\$1) / Side Salad



26







#### **DUKKAH CRUSTED** SEABASS W/ SMASHED PEAS

Wild caught seabass seasoned in garlic, lemon & parsley sauce and oven roasted, served over bed of shallots, garden peas & edamame mix; hazelnut, pistachio & almond dukkah









#### **BUTTER PRAWNS IN** TOMATO, CASHEW SAUCE 26

Prawns cooked in tomato, cashew & mild spices sauce; served with pita bread











#### LEMONGRASS TUNA & ASPARAGUS CURRY 32

Japanese Sashimi grade Tuna cooked in lemongrass. galangal & coconut milk sauce. Bok Choy, Chilli oil, White rice on the side



#### POACHED PRAWNS IN **UDON SAMBAL NOODLE**

Slow cooked prawns in iB's coconut sambal sauce; Japanese udon noodle











#### BUTTER GARLIC PRAWNS W/ PINEAPPLE **SALSA**

Garlic & Prawns sautéed in browned butter; pineapple salsa & brown / white rice







#### MISO, TAMARI GLAZED SALMON W/ LEMONY COUSCOUS

Miso,tamari, & honey glazed Atlantic salmon, oven baked; broccoli & lemony couscous on the side







#### **MAINS - LAND**



#### BAVETTE SZECHUAN STIR FRY 28

180g of Australian grass fed beef, celery, bell pepper, spring onion cooked in housemade szechuan sauce ; white rice on the side







Australian grass fed braised beef shank served over buttery polenta; Gremolata topping











## **SIRLOIN**

STRIPLOIN BEEF RENDANG W/

**COCONUT RICE** 24

Australian Grass fed Beef cooked in Asian spices & coconut milk; coconut rice on the side. iB's version of classic Indonesian / Malaysian dish











seared potato slices







LOAF Australian grass-fed beef

SHAWARMA MEAT

mince, bulgur, onion, heaps of fresh herbs mix slow baked; Greek Yoghurt & Papaya stirfry on the side

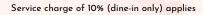


BEEF BURGER

22

Australian grass fed beef mince, cheese slices. mesclun, kimchi (Korean Fermented Cabbage) & brioche bun; Choice of French Fries, Sweet Potato fries / side salad





#### **MAINS - PLANT**





#### FRIED TEMPEH IN MAPLE SAMBAL UDON NOODLE 21

Fried Tempeh & udon noodle in home made maple sambal sauce; iB's version of Laksa





#### SPICED AUBERGINE & **GREEN PEAS** 18

Aubergines, Cherry Tomatoes, Ginger Garlic Paste & subtle spices; Green Peas & herbs mix topping











#### CHICKPEA & **BUTTERNUT SQUASH** STEW W/ LEMONY COUSCOUS 20

Butternut squash, chickpeas, carrots, celery, tomatoes in maple harissa spice blend; organic lemony couscous





#### VEG DUMPLINGS IN PEANUT SOY SAUCE 24

House-made dumplings; Cauliflower, carrot, French beans, peas, capsicum & tofu; Peanut soy sesame sauce









21



#### JACKFRUIT SEED CASHEW CURRY W/ MASALA BREAD 24

Jackfruit seeds slow cooked in cashew & tomato sauce; Indian style masala bread









#### **MUSHROOM STUFFED** PITA BREAD W/ YOGHURT SAUCE

Caramelised mushroom, carrot, red bell pepper w/ walnut & mild spices in pita bread; yoghurt sauce & side salad









18



#### POTATO, GOOSEBERRY, & ASPARAGUS LEMONGRASS CURRY W/ WHITE RICE 18

Potatoes, asparagus and garden peas slow cooked in Asian spices infused coconut milk; bak choy & white rice on the side







#### SPICED CHICKPEA BURGER

Spiced chickpea & mung dal patty, brioche bun & sweet potato fries / side salad







#### **MAINS - PLANT**

**SALADS** 

18





#### TURMERIC TOFU SCRAMBLE, EDAMAME & SOBA NOODLE

Soba noodles in iB's nude sauce w/ scallions & sesame seeds; iB turmeric tofu scramble & edamame





#### **CHEESY CAULIFLOWER** STEAK IN GOCHUJANG **CREAM** 24

Butter Browned & baked cauliflower topped with parmesan crumbs; served on top of gochujang cream sauce













#### IB SUPERFOOD

Baby Spinach, Mesclun Mix. Kale, Avocado, Organic Quinoa, Apple, Cherry Tomatoes, Broccoli, Sweet Potato, Pomegranate, Mint, Parsley



#### KALE CUCUMBER 16

Kale, Mesclun Mix, Baby Spinach, Organic Quinoa. Japanese Cucumber, Celery, Goat Cheese, Cherry Tomatoes



#### TUNA STEAK NICOISE, **JAMMY EGGS** 26

Japanese Sashimi Grade Seared Tuna, Baby Potatoes, 2 eggs, Mesclun Mix, Cherry Tomatoes, French Green Beans, Capers



#### SPINACH STRAWBERRY

Baby Spinach, Mesclun Mix. Strawberries Organic Quinoa, Almonds, Red Onions, Goji Berries, Feta Cheese



#### IT'S BEAN MANGO GOOD

23

Butter Beans, Mango, Baby Spinach, Mesclun Mix, Parsley, Mint Leaves, Avocado, Feta, Pistachio; Recommended dressing: Coconut Curry Lime



#### KALE PRAWN STAR 21

Oven baked sweet corn, Kale, Prawns (3), Avocado, Parmesan Cheese, Gooseberry Slices, Fennel Roasted Carrots; Recommended dressing: Mayo & Greek Yoghurt



#### ROASTED EGGPLANT, **CASHEW & CHICKPEA FLING**

Miso, Soy, Maple & Sesame Oil smothered Aubergines oven roasted; Kale, Chickpeas, Spring Onion, Onion, Whole Cashewes.



#### STAY ON THE BEET 24

Toasted Buckwheat, Giant Couscous, 100% Beef Sausage (sheep natural casing), Fermented Beetroot, Dill. Default Dressing: Whipped Feta

MAPLE & APPLE CIDER

SALAD DRESSINGS

GARLIC, LEMON & OLIVE OIL

ACAI BALSAMIC VINAIGRETTE

VEGAN CAESAR

MAYO & GREEK YOGHURT

SPICY CASHEW

MAYO, MUSTARD, PARMESAN +\$2

CRANBERRY +\$1

ADD ON: COCONUT CURRY LIME **CHICKEN** PROTEIN PRAWNS (3) \$7 TURMERIC TOFU **BLACK LIME BEEF** \$9

#### **SOUPS**



#### **CHICKEN SOUP**

18

Oven roasted chicken, carrots, leeks, celery simmered for 150 mins; deduced clear, natural soup









#### TRINITY ORANGE SOUP 18

Carrots, Japanese Cucumber, Butternut Squash; Subtle Asian Spices; Toasted Sourdough







If sourdough is replaced



### HARISSA, LENTIL & TOMATO SOUP 18

Carrots, Celery, Onion, & tomatoes slow cooked with house-made harissa paste & red lentil;







If sourdough is replaced

#### **RICE & GRAINS**



#### VEG & FETA QUINOA

Freshly made bowl of quinoa, feta cheese, corn, edamame, cherry tomatoes, pickled onion, capsicum,, black olives, parsley











#### FRIED RICE

•	Veg	\$1
•	Chicken	\$13
•	Egg.	\$12
•	Gochujang Veg	\$12
	Gochujang Chicken	\$14
•	Gochuiana Beef	\$15



## COCONUT RICE W/CORN, PEANUT & FRIED SHALLOTS

Basmati rice cooked in coconut milk; corn, peanuts, greens, & fried shalltos infused





#### MASALA BREAD

7

Flatbread made from whole wheat & chickpea flour; fresh greens, ginger, garlic, greek yoghurt, turmeric and other spices infused

Service charge of 10% (dine-in only) applies



FRENCH FRIES

\$9

• SWEET POTATO FRIES \$11

\$4

- WHITE RICE
- BROWN RICE \$4
- SOURDOUGH SLICE
  - SLICE \$3 PITA BREAD \$3
- GREEK YOGHURT \$6

#### **MAINS - PASTA**





#### **MEAT SAUCE**

21

Minced meat & mirepoix, tomato sauce with pasta of your choice





#### CHEESY CREAMY 20

a a b

Parmesan, baby spinach, garlic, cream cheese, sun dried tomatoes, extra ovine virgin olive oil







#### CHOICE OF PROTEIN:

Chicken \$6 Prawns \$7 Burrata \$9 Meatballs \$10



#### **GOCHUJANG ALFREDO**

т8

Parmesan cheese, butter and gochujang paste blend; pasta of your choice











#### RISOTTO DE VERDE

22

Baby Spinach, Watercress, Portobello Mushrooms & leeks, buttery risotto; asparagus & mature cheddar topping









#### PASTA AL POMODORO 18

Extra virgin olive oil, garlic, butter, and slow cooked tomatoes & basil sauce, parmesan cheese; pasta of your choice







#### **PESTO**

18

House-made pesto - basil, parsley, parmesan, garlic, pine nuts; recommended pasta gnocchi





BEEF RAVIOLI IN
GOCHUJANG SAUCE

24

Beef Ravioli in Gochujang Sauce;





Spaghetti penne pappardelle gnocchi + \$5

GLUTEN- FREE +\$3

Spaghetti penne



Service charge of 10% (dine-in only) applies

#### **BEVERAGES**

#### **FLAVOURS OF ASIA**

#### ICED TURMERIC LATTE

#### STRAWBERRY MATCHA LATTE









ICED COCONUT PANDAN

#### ICED MATCHA LATTE

#### **COFFEE**







MANGO MATCHA FRESCA

CAPPUCCINO	\$5.50
LATTE	\$5.50
AMERICANO	\$4.50
FLAT WHITE	\$5.50
ESPRESSO SINGLE	\$2.50
ESPRESSO DOUBLE	\$3.20
(COLD OPTION +\$1)	

#### WATER

EVIAN 500ML	\$5	
SAN PALLEGRINO 250ML	\$5	
SAN PALLEGRINO 500ML	\$8	
COLA		
COKE / COKE ZERO	\$4	

SPRITE / PEPSI \$4 ICE LEMON TEA / 100 PLUS \$4 **GINGER ALE** \$5 GINGER BEER \$6 RED BULL \$7

#### **TEA**

EARL GREY \$5.50 **ENGLISH BREAKFAST** PU ERR **GREEN TEA CAMOMILE PEPPERMINT** 

#### MILK TEA



IB CLASSIC MILK TEA

\$7

#### **DESSERTS**





#### KNICKERBOCKER GLORY

Layers of fresh fruits, ice cream, fruit sauce

14



#### LIMONCELLO TIRAMISU

House made w/ Italian mascarpone & limoncello liqueur topped w/ lemon zest

16



#### APPLE CRUMBLE W/ VANILLA ICE CREAM

Sugary Granny Smith apple with crumbly slightly crispy topping; served w/ vanilla ice cream

12



#### SCOOPS OF ICE CREAM & SORBET

Choice of two scoops
Ice cream: Vanilla,
Strawberry, Belgian
Chocolate
Sorbet: Mango, Raspberry

10





GREEK YOGHURT
W/MAPLE GRANOLA &
BERRIES



FRUIT BOWL

BANANA BUCKWHEAT (1)

ю

14



SPAGHETTI AL POMODORO



COTTAGE CHEESE PANCAKE (1)



CREAMY CHEESY PENNE

14

13

Service charge of 10% (dine-in only) applies