

BOWLS

FRESHLY BLENDED

THE BEGINNINGS MENU FRUITS BASED

ACAI BOWLS 1402

Ahh Acai

\$ 12

Base: Organic acai, Banana, Strawberries,

Apple juice

Topping: Granola, Fresh banana, Fresh

strawberries, Honey/Maple

Acai Sunrise

\$ 12

Base: Organic acai, Banana, Strawberries,

almond milk, flax seeds

Topping: Granola, Fresh banana, Fresh

strawberries, Honey/Maple

Acai Dreams

\$ 13

Base: Organic acai, Banana, Strawberries,

Coconut Milk, Chocolate

Topping: Fresh banana, Fresh strawberries, Coconut Shavings, Chocolate, Honey/Maple

ACAT BOWL S 2807

Gladiator



\$ 17

Base: Organic acai, Almond Milk, iB Blend*, Flax Seeds, Banana, Blueberries, Raspberries, Broccoli, Multi Vitamin Blend

Topping: Granola, Fresh Banana, Fresh

Strawberries, Shaved Almonds, Honey/Maple in-house blend consisting of superfoods such as pomegranate, blueberry, mangosteen, moringa, gaurana, camu camu

Vitality



Base: Organic acai (intense), iB Blend*, Flax Seeds, Spirulina, Banana, Strawberries Topping: Granola, Fresh Banana, Fresh Strawberries, Goji Berry, Honey/Maple

Tropicana



Base: Organic acai, Banana, Mango, Pineapple, Flax seeds, Coconut Milk Topping: Granola, Fresh Banana, Fresh Strawberries, Coconut Shavings, Honey/Maple

Nutty Nourish



Base: Organic acai, Almond Milk, Apple Juice, Flax Seeds, Peanut Butter, Banana, Strawberries

Topping: Granola, Fresh Banana, Almond Slices, Honey/Maple

D'tox



Base: Organic acai, Almond Milk, Flax Seeds, Spirulina, Banana, Strawberries, Kale Topping: Fresh Banana, Fresh Blueberries, Almond Shavings, Goji Berry, Honey/Maple



ACEROLA BOWI S 200Z

Green Gina



Base: Organic acerola, Banana, Dates, Almond Milk, Spirulina, Strawberry, Spinach, Kale

Topping: Granola, Fresh Banana, Fresh Kiwi, Sunflower Seeds, Honey/Maple

Sunshine



\$ 17

Base: Organic acerola, Mango Juice, Coconut Water, Banana, Strawberries, Pineapple, Kale

Topping: Granola, Fresh Banana, Mulberries, Chia Seeds, Honey/Maple

Zen



Base: Organic acerola, iB Blend*, Coconut Milk, Banana, Mango, Spinach Topping: Granola, Fresh Banana, Blueberries, Coconut Shavings, Honey/Maple

Protector



\$ 18

Base: Organic acerola, Lemon Ginger Juice, Immunity Blend, Camu Camu, Banana, Mango, Kale

Topping: Granola, Fresh Strawberries, Fresh Blueberries, Bee Pollen, Honey/Maple

ACAT & ACFRO

Superfood



\$ 18

Base: Organic acai, Organic acerola, Graviola, iB Blend*, Almond Milk, Banana, Strawberry, Kale

Topping: Granola, Fresh Banana, Fresh Blueberries, Cacao Nibs, Goji Berries, Honey/Maple

Happy Dragon



Base: Pitaya / Dragon Fruit, Coconut Milk, Immunity Blend, Tropical Fruits, Raspberries Topping: Fresh Strawberries, Fresh Kiwi, Almond Shavings, Goji Berry, Bee Pollen, Honey/Maple

*** For replacement of banana with manao in bowl base, an additional \$4 applies.

ACAI SMOOTHIES 2002

Ola Acai

\$ 14

Organic Acai, Banana, Strawberries, iB Blend*

Service charge of 10% & prevailing GST applies on the prices mentioned. Prices are in Singapore Dollars

Base

Whey Protein \$3

Additional

Almond Butter \$2
Peanut Butter \$2

Fresh Fruit • Blueberries

Pomearanate \$2

Mango(seasonal) \$4

Power-Up • Pea Protein \$3

Topping

Cashew Butter \$2
Hazelnut Butter \$2

Topping

Strawberries

\$2

Kiwi

\$3

Mixed Nuts

\$4



SMOOTHIES & FRESH JUICES

NO FILLERS: NO SUGAR, NO ICE, NO WATER, NO YOGHURT/MILK

\$ 14

\$ 15

\$ 14

\$ 16

THE BEGINNINGS MENU FRUITS BASED

ACAI 200Z

One° North

\$ 14

\$ 14

\$ 14

\$ 14

Organic Acai, Strawberries, Banana, Mango, Pineapple, Coconut Milk



Choc & Chill

Organic Acai, Strawberries, Banana, Organic Cacao, Coconut Milk, Dark Chocolate



Bro Acai

Organic Acai, Strawberries, Banana, Kale, Whey Protein, Organic Gaurana, Broccoli, Spiruling, Almond Milk



Organic Acai, Strawberries, Banana, Raspberries, Housemade Lemonade



Energiser

Organic Acai, iB Blend*, Almond Milk, Spinach, Organic Gaurana



MatchAcai

Organic Acai, Dates, Banana, Organic Matcha, Kale, Flax Seeds, Almond Milk, Almond Butter

BERRIES 2002

Berry Actually

Blueberry, Strawberry, Raspberry, Blackberry, Apple, Banana, Flax Seeds, Coconut Milk

Forever Summer

Organic Acai, Mango, Strawberries, Blackberries, Raspberries, Blueberries, Coconut Milk, Almond Butter

AVOCADO 200z

Greenvana

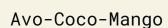
\$ 14

\$ 14

\$ 15

\$ 14

Hass Avocado, Dates, Almond Milk, Kale, Spinach, Banana, Mint



Hass Avocado, Coconut Water, Mango, Banana, Pineapple, Kale

PITAYA 200z

Pitaya Punch

Pitaya / Dragon Fruit, Strawberries, Mango, Fresh Orange Juice, Spinach, Chia Seeds, Coconut Milk

Dragon Delight

Pitaya / Dragon Fruit, Guava Juice, Mango, Strawberries, Raspberries

ACEROLA 2002

Immunity

\$ 14

Organic Acerola, Fresh Ginger, Fresh Lemon, Mango, Banana, Camu Camu, Almond Milk

FRESH JUICES

14oz - \$8

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20oz - \$10

- Fresh Orange
- Fresh Apple +\$1
- Glow & Flow (Apple, Beet, Carrot, Cucumber, Gin
- Kiwi Kissed(Orange, Carrot, Ginger, Kiwi)
- Revitalize(Apple, Orange, Carrot, Kale)
- Purifier(Cucumber, Lemon, Ginger, Coconut Water)
- Green Samurai(Apple, Carrot, Cucumber, Kale, Ginger)
- Dtoxifier(Apple, Beet, Celery, Ginger, Lemon)
- Kalediator(Apple, Pineapple, Cucumber, Kale, Mint, Coconut)
- The Source(Apple, Carrot, Celerv. Kale)

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Base Power-Up • Whey Protein \$3

• Pea Protein

*in-house blend consisting of superfoods such as pomegranate, blueberry, mangosteen, moringa, gaurana,

All bowls are vegan if Honey is replaced w/ Maple All smoothies & fresh juices are vegan & 100% natural ingredients Smoothie Power-Up Almond Butter \$2

Peanut Butter

 Cashew Butter \$2 Hazelnut Butter \$2